

Stillwater HS & MS November Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
		General Tso Chicken 1 w/Rice Oriental Vegetables Carrot Sticks w/Dip Assorted Canned Fruit Assorted Fresh Fruit *Pizza & Spicy Fries	Sloppy Joe on a Roll 2 Baked Beans Corn Cobbett Assorted Canned Fruit Assorted Fresh Fruit *Bacon Cheeseburger & Fries	Cheese or Pepperoni Pizza 3 Tossed Salad Seasoned Green Beans Assorted Canned Fruit Assorted Fresh Fruit *Spicy Chicken Patty on Roll. & Puffs
Weekly Salad: Southwestern Chicken Salad				
Grilled Cheese Sandwich 6 Tomato Soup Fresh Vegetable Cup Assorted Canned Fruit Assorted Fresh Fruit *Chicken Tenders/Roll/Fries	Macho Nacho's w/ Meat, Cheese 7 Lettuce & Tomato Refried Beans Brown Rice (HS) Assorted Canned Fruit Assorted Fresh Fruit *Bacon Cheeseburger & Fries	Popcorn Chicken Bowl 8 w/Popcorn Chicken, Mashed Potatoes, Corn & Gravy WG Biscuit Assorted Canned Fruit Assorted Fresh Fruit *Pizza & Spicy Fries	Assorted Deli Subs 9 (Italian or Turkey) Lettuce & Tomato Seasoned Green Beans Assorted Canned Fruit Assorted Fresh Fruit *Chicken Nuggets/Roll/Fries	Shrimp Poppers 10 Macaroni & Cheese Tossed Salad Steamed Broccoli Assorted Canned Fruit Assorted Fresh Fruit *Chicken Patty on Roll. & Puffs
Weekly Salad: Turkey & Cheese Chef Salad				
Hot Ham & Cheese Bagel 13 Tossed Salad Celery Sticks w/Dip Assorted Canned Fruit Assorted Fresh Fruit *Chicken Tenders/Roll/Fries	"Breakfast for Lunch" 14 French Toast Sticks & Sausage Patty Hash Browns Glazed Carrots Assorted Canned Fruit Assorted Fresh Fruit *Pizza & Spicy Fries	Meatball Sub 15 Potato Puffs Mixed Vegetables Assorted Canned Fruit Assorted Fresh Fruit *Popcorn Chicken/Roll/Fries	Grilled Chicken Sandwich 16 Seasoned Green Beans Carrot Sticks w/Dip Assorted Canned Fruit Assorted Fresh Fruit *Bacon Cheeseburger & Fries	Cheese or Pepperoni Pizza 17 Baked Beans Broccoli w/Dip Assorted Canned Fruit Assorted Fresh Fruit *Spicy Chicken Patty on Roll. & Puffs
Weekly Salad: Chicken Caesar Salad				
Chicken Nuggets 20 Dinner Roll Corn Cobbett Celery Sticks w/Dip Assorted Canned Fruit Assorted Fresh Fruit *Pizza & Spicy Fries	"Taco Tuesday" 22 Soft Shell Taco w/Meat & Cheese Lettuce & Tomato Refried Beans Assorted Canned Fruit Assorted Fresh Fruit *Bacon Cheeseburger & Fries	No School 22	No School 23	No School 24
Weekly Salad: Turkey & Cheese Chef Salad				
Cheesesteak Flatbread 27 Potato Puffs Baked Beans Assorted Canned Fruit Assorted Fresh Fruit *Chicken Tenders/Roll/Fries	Chicken Fajita Wrap 28 or Grilled Chicken Ranch Wrap w/Peppers & Onions Carrot Sticks w/Dip Assorted Canned Fruit Assorted Fresh Fruit *Pizza & Spicy Fries	Pasta with Meatsauce 29 Garlic Bread Tossed Salad Seasoned Green Beans Assorted Canned Fruit Assorted Fresh Fruit *Chicken Nuggets/Roll/Fries	Popcorn Chicken Bowl 30 w/Popcorn Chicken, Mashed Potatoes, Corn & Gravy WG Biscuit Assorted Canned Fruit Assorted Fresh Fruit *Bacon Cheeseburger & Fries	Max Breadsticks w/Sauce 1 Spinach Salad Glazed Carrots Assorted Canned Fruit Assorted Fresh Fruit *Chicken Patty on Roll. & Puffs
Weekly Salad: Ham & Cheese Chef Salad				

***Alternate Choice**

with Carrots, Broccoli, Cauliflower and Dip or Carrots, Broccoli, Celery and Dip

Entrée & Grain Options, One Cup of Vegetable, One Cup of Fruit and Milk

2 pint of FF Chocolate, FF Strawberry, Skim or 1% White Milk