

Stillwater ES November Lunch Menu

<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
		General Tso Chicken 1 w/Rice Oriental Vegetables Carrot Sticks w/Dip Assorted Canned Fruit Assorted Fresh Fruit	Pulled Pork Sandwich 2 Baked Beans Corn Cobbett Assorted Canned Fruit Assorted Fresh Fruit	Cheese or Pepperoni Pizza 3 Tossed Salad Seasoned Green Beans Assorted Canned Fruit Assorted Fresh Fruit
Weekly Salad: Southwestern Chicken Salad				
Grilled Cheese Sandwich 6 Tomato Soup Fresh Vegetable Cup Assorted Canned Fruit Assorted Fresh Fruit	Macho Nacho's w/ Meat, Cheese 7 Lettuce & Tomato Refried Beans Brown Rice (HS) Assorted Canned Fruit Assorted Fresh Fruit	Popcorn Chicken Bowl 8 w/Popcorn Chicken, Mashed Potatoes, Corn & Gravy WG Biscuit Assorted Canned Fruit Assorted Fresh Fruit	Assorted Deli Subs 9 (Italian or Turkey) Lettuce & Tomato Carrot Sticks w/Dip Assorted Canned Fruit Assorted Fresh Fruit	Shrimp Poppers 10 Macaroni & Cheese Tossed Salad Steamed Broccoli Assorted Canned Fruit Assorted Fresh Fruit
Weekly Salad: Turkey & Cheese Chef Salad				
Hot Ham & Cheese Bagel 13 Tossed Salad Celery Sticks w/Dip Assorted Canned Fruit Assorted Fresh Fruit	"Breakfast for Lunch" 14 French Toast Sticks Sausage Patty Hash Browns Glazed Carrots Assorted Canned Fruit Assorted Fresh Fruit	Meatball Sub 15 Potato Puffs Mixed Vegetables Assorted Canned Fruit Assorted Fresh Fruit	Grilled Chicken Sandwich 16 Seasoned Green Beans Carrot Sticks w/Dip Assorted Canned Fruit Assorted Fresh Fruit	Cheese or Pepperoni Pizza 17 Baked Beans Broccoli w/Dip Assorted Canned Fruit Assorted Fresh Fruit
Weekly Salad: Chicken Caesar Salad				
Hot Dog on a Roll 20 French Fries Carrot Sticks w/Dip Assorted Canned Fruit Assorted Fresh Fruit	"Taco Tuesday" 22 Soft Shell Taco w/Meat & Cheese Lettuce & Tomato Refried Beans Assorted Canned Fruit Assorted Fresh Fruit	No School	No School	No School
Weekly Salad: Turkey & Cheese Chef Salad				
Cheesesteak Flatbread 27 Potato Puffs Baked Beans Assorted Canned Fruit Assorted Fresh Fruit	Chicken Fajita Wrap 28 or Grilled Chicken Ranch Wrap w/Peppers & Onions Carrot Sticks w/Dip Assorted Canned Fruit Assorted Fresh Fruit	Pasta with Meatsauce 29 Garlic Bread Tossed Salad Seasoned Green Beans Assorted Canned Fruit Assorted Fresh Fruit	Popcorn Chicken Bowl 30 w/Popcorn Chicken, Mashed Potatoes, Corn & Gravy WG Biscuit Assorted Canned Fruit Assorted Fresh Fruit	Max Breadsticks w/Sauce 1 Spinach Salad Glazed Carrots Assorted Canned Fruit Assorted Fresh Fruit
Weekly Salad: Ham & Cheese Chef Salad				

***Alternate Choice**

Offered Daily: Fresh Vegetable Boat with Carrots, Broccoli, Cauliflower and Dip or Carrots, Broccoli, Celery and Dip

High School Students May Select: Entrée & Grain Options, One Cup of Vegetable, One Cup of Fruit and Milk

All lunches include 1/2 pint of FF Chocolate, FF Strawberry, Skim or 1% White Milk

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